Call your congresspeople & ask to support the Global HER Act

Calling your elected official is a useful way to communicate your opinions. Congressional staff keep track of the number of calls they receive on a specific topic – so just a handful of phone calls on a single issue can make a huge impact!

How to Reach Your Senator or Representative

- Call the Capitol switchboard: 202-224-3121 to be connected to your congresspeople.

Tips

- Let them know you are a constituent – elected officials are most interested in hearing from their constituents, so make sure to mention the city and state you’re from.
- Check to see if your elected official has signed on to be a co-sponsor of the Global HER Act.
  - Here you can find the list of senators and representatives who have co-signed the bill already.
  - If they have, be sure to thank them! It’s important to thank our elected officials for doing great work – it lets them know that their constituents support them!
  - If they are not a co-sponsor, check out the sample script below.

Sample Script for the Global HER Act

Hi, my name is [NAME] and I live in [CITY].

I’m calling to ask [REPRESENTATIVE/SENATOR’S NAME] to support the Global HER Act, and to help protect millions of women and families around the world.

Trump’s Global Gag Rule undermines public health, women’s empowerment, and democratic participation. It is counterproductive and cruel.

I urge [REPRESENTATIVE/SENATOR’S NAME] to support the Global HER Act, which would repeal the Gag Rule and prevent a future president from reinstating it.

I am counting on you to do the right thing and stand up for global reproductive healthcare.

Thank you for your time.