How to Throw a #Fight4HER Party

Planning Your Party

1.) Figure Out the Logistics
   a. **Time & Date:** Think about who you want to invite: friends, classmates, coworkers, or members of your community. Try to pick a meeting time that works for your attendees.
   b. **Location:** Choose a location that is accessible to your attendees. Hosting a party at your house is a great! If you’re interested in inviting a lot of people, or want to open your party up to members of your community, then consider other spaces that can accommodate larger groups, such as a your local library.
   c. **Invitation:** Try to plan your party at least two weeks in advance. Now that you have logistics locked down, it’s time to get invitations out! If you’re keeping it more private, consider sending out an e-invite, like this one. You can also create a Facebook event and require that participants RSVP on the event or through an Eventbrite link. Be sure to keep in mind the rule of halves: if 25 people RSVP on Facebook, you can expect that only 12 or so may come.

2.) Party Materials
   a. **Snacks:** Consider getting a few bags of chips and bottles of soda to entertain party guests. You’re here to make a change – and that’s hard to do on an empty stomach!
   b. **Setup:** Make sure you setup your space so your guests can complete the action activities outlined below. Make sure to print the action instructions (pages 6-9).
   c. **#Fight4HER Materials:** To kick things off, consider sharing this video and reading the “How to Start a Conversation” section aloud (page 5). Provide your guests with facts about the Global Gag Rule (pages 10-11) and explain why this policy is terrible for people all over the world. Be sure to include information about the Global HER act, which would permanently repeal the Global Gag Rule.

3.) Stay in Contact with Population Connection Action Fund Staff
   a. **Need Help?** If you’d like support planning your party, feel free to reach out to our staff. We are happy to send information and any materials you need to make your party a success.
      i. If you are planning a #Fight4HER party, reach out to Lindsay at lapperson@populationconnection.org
How to Start the Conversation:

2.2 Million More Unsafe Abortions. That’s just one of the impacts Trump’s Global Gag will have on people around the world. The Gag Rule bars foreign non-governmental organizations (NGOs) that receive U.S. aid from using their own, non-U.S. funds to offer abortion services, abortion counseling or referrals, or any political advocacy to liberalize their own country’s abortion law as a condition for receiving U.S. global health aid. Such a policy is already cruel enough, and Trump’s Global Gag Rule seriously broadens its reach: Trump’s Global Gag Rule affects $8.8 billion in global health funding, including funding for HIV/AIDS, tuberculosis, malaria, and Zika prevention programs. Marie Stopes International estimates that because of the Global Gag Rule, the loss of their services alone around the world will result in an additional 6.5 million unintended pregnancies and as well as 21,700 more maternal deaths.

The Trump administration says that the Global Gag Rule is a part of their “pro-life” agenda- but more people dying sure doesn’t sound very “pro-life”. We know that investing in contraceptives and other family planning services helps communities strive and succeed. This policy is a disaster—and it is time our elected officials stand against it. Senator Jeanne Shaheen (D-NH) has introduced the Global Health, Empowerment, and Rights Act (Global HER Act) in the Senate, and Rep. Nita Lowey (D-NY/17) has introduced it in the House. The Global HER Act would repeal the Global Gag Rule permanently. It is time to #Fight4HER. Join us in standing up for people around the world!

Learn more about the harmful effects of the Global Gag Rule here.

Take Action!

HOST: After reviewing materials about the Global Gag Rule and the Global Her Act, invite guests to take action by setting up the activities listed below.

Action 1: Call Your Elected Officials
Time Needed: 5 minutes or less

What you’ll need:
- Phone
- A Message
- A Script

Setup:
1.) Designate a space to make calls. Depending on the space, you may want guests to spread out, so you can avoid talking over each other or, you may want to take turns making calls as a group. As the host, it’s up to you to decide!

2.) Do some pre-party research: Identify your guest’s representatives and check if they have co-sponsored the Global HER Act. Have that information available for your guests at the party.
a. You can find Senate sponsors [here](#), and House sponsors [here](#).

3.) **Provide guests with a script.** Let your guests know that the script is just a starting point. They can add to or customize it as much as they want. You can print the script on page 7.

Hi, my name is [NAME] and I live in [CITY]. I’m calling to ask [REPRESENTATIVE NAME] to consider how harmful the Gag Rule will be for women and families around the globe. I’m counting on [REPRESENTATIVE NAME] to do the right thing and stand up for healthcare access for people here and abroad. Will [REPRESENTATIVE NAME] actively support the Global HER Act and permanently end the Gag Rule? Thank you for your time.

**Tips:**
- Remind guests that they have the right to talk to their elected officials as a constituent.
- If your senator or representative is a co-sponsor, take the time to thank them for sponsoring the bill.
If not, put the pressure on!

**Directions for Your Guests** (print page 6):
1. Start by dialing into the Congressional Switchboard at: (202) 224-3121
2. Ask to be connected to your member of Congress’ office.
3. Once you’ve reached your senator or representative’s office, request to speak with a staff member who works on health policy or international issues, or ask to leave a message for your legislator.
4. Send your message: let your elected official know how the Global Gag Rule will negatively impact people all over the world.

**Action 2: Letters and Postcards**

**Time Needed:** 20-30 minutes

**What you’ll need:**
- Paper (any type will do!)
- Envelopes and Stamps (at least 3 per guest!)
- Writing Utensils (Markers, pencils, pens, etc!)
- Your senator’s D.C. address: [https://www.senate.gov/senators/contact/](https://www.senate.gov/senators/contact/)

**Setup:**

1.) **Before guests arrive, setup a space for letter making.** When deciding, make sure your guests have access to a hard surface and a comfortable place to sit.
2.) **Break out the supplies!** Ensure you have at least 3 pieces of paper per guest, and that you have enough markers for everyone to share.
3.) **Do some pre-party research:** Lookup and print out your guests’ legislators addresses before they come so you can have them on hand.
4.) **Make plans to go to the post office:** Try to mail your letters out soon after the party. If you’re unable to send the letters, see if another guest is able to.

**Tips:**
- Encourage guests to have fun with activity. Post your creations on social media with the hashtag #Fight4HER before sending your messages off.

**Directions for Your Guests (print page 8):**
1. Take a piece of paper and write a letter to your congressperson to tell them about the harmful impacts of the Global Gag Rule.
2. If you’re having difficulty, you can use information from our fact sheet (pages 10-11)
3. Before sending your letter, take a picture of your letter with the hashtag #Fight4HER and tag your senator or representative or congressperson on Facebook, Instagram or Twitter. After, make sure to mail your letters!

**Action 3: Video Message**
**Time:** 5-10 minutes

**What you’ll need:**
- Phone with camera
- A Vision

**Setup:**
1.) **Location:** Find a place to shoot your video that is quiet and has a lot of light.
2.) **Make a Plan:** Before shooting, consider if there are any props you want to use, such as an image of your senator or representative.

**Tips:**
- Remind guests to **shoot their videos horizontally** – this makes it easier to watch and share!

**Directions for Your Guests (print page 9):**
1. Decide what you want your message to be for your video. Feel free to shoot individual messages to your senator or representative or congressperson or create a video as a group.
2. Do a practice run – practice what you want to say and make sure you feel comfortable!
3. Shoot your video! Videos should be around 15 seconds, but don’t worry if yours is more.
4. Once you finish shooting your videos, be sure to post them online with the hashtag #Fight4HER and send them to our Field Organizer, Lindsay, at lapperson@populationconnection.org
2.2 Million More Unsafe Abortions. That’s just one of the impacts Trump’s Global Gag will have on people around the world. The Gag Rule bars foreign non-governmental organizations (NGOs) that receive U.S. aid from using their own, non-U.S. funds to offer abortion services, abortion counseling or referrals, or any political advocacy to liberalize their own country’s abortion law as a condition for receiving U.S. global health aid. Such a policy is already cruel enough, and Trump’s Global Gag Rule seriously broadens its reach: Trump’s Global Gag Rule affects $8.8 billion in global health funding, including funding for HIV/AIDS, tuberculosis, malaria, and Zika prevention programs. Marie Stopes International estimates that because of the Global Gag Rule, the loss of their services alone around the world will result in an additional 6.5 million unintended pregnancies and as well as 21,700 more maternal deaths.

The Trump administration says that the Global Gag Rule is a part of their “pro-life” agenda- but more people dying sure doesn’t sound very “pro-life”. We know that investing in contraceptives and other family planning services helps communities strive and succeed. This policy is a disaster-and it is time our elected officials stand against it. Senator Jeanne Shaheen (D-NH) has introduced the Global Health, Empowerment, and Rights Act (Global HER Act) in the Senate, and Rep. Nita Lowey (D-NY/17) has introduced it in the House. The Global HER Act would repeal the Global Gag Rule permanently. It is time to #Fight4HER. Join us in standing up for people around the world!
Call Your Elected Officials
Time Needed: 5 minutes or less

Directions for Calling Your Elected Officials:

1. Start by dialing into the Congressional Switchboard at:
   (202) 224-3121
2. Ask to be connected to your member of Congress’ office.
3. Once you’ve reached your senator or representative’s office, request to speak with a staff member who works on health policy or international issues, or ask to leave a message for your legislator.
4. Send your message: let your elected official know how the Global Gag Rule will negatively impact people all over the world.
Elected Official Call Script

Hi, my name is [NAME] and I live in [CITY]. I’m calling to ask [REPRESENTATIVE NAME] to consider how harmful the Gag Rule will be for women and families around the globe. I’m counting on [REPRESENTATIVE NAME] to do the right thing and stand up for healthcare access for people here and abroad. Will [REPRESENTATIVE NAME] actively support the Global HER Act and permanently end the Gag Rule?

Thank you for your time.
**Letters and Postcards**

**Time Needed:** 20-30 minutes

**Directions for Letters and Postcards:**

1.) Take a piece of paper and write a letter to your congressperson to tell them about the harmful impacts of the Global Gag Rule.

2.) If you’re having difficulty, you can use information from our fact sheet.

3.) Before sending your letter, take a picture of your letter with the hashtag #Fight4HER and tag your senator or representative on Facebook, Instagram or Twitter. After, make sure to mail your letters!
**Video Message**

**Time:** 5-10 minutes

**Directions for Video Message:**
1.) Decide what you want your message to be for your video. Feel free to shoot individual messages to your representative, or create a video as a group.
2.) Do a practice run – practice what you want to say and make sure you feel comfortable!
3.) Shoot your video! Videos should be around 15-seconds, but don’t worry if yours is more.
4.) Once you finish shooting your videos, be sure to post them online with the hashtag #Fight4HER and send them to our Field Organizer, Lindsay, at lapperson@populationconnection.org
TRUMP’S GLOBAL GAG RULE

Trump’s Global Gag Rule hurts millions of people in the most vulnerable circumstances.

In one of his first acts as President, Trump signed and expanded the Global Gag Rule, which prohibits all foreign NGOs receiving U.S. global health aid from so much as mentioning the word abortion.

WHAT ARE THE EFFECTS?

TRUMP’S GLOBAL GAG RULE WILL STRIP ORGANIZATIONS

- Family planning services
- Infectious disease prevention
- Antenatal care
- HIV/AIDS treatment & prevention

OF CRUCIAL FUNDING NEEDED TO PROVIDE COMPREHENSIVE HEALTH SERVICES.

Marie Stopes International estimates that in the next three years under Trump’s Global Gag Rule, the loss of their services alone could cause an additional:

- 6.5 million unintended pregnancies
- 21,700 maternal deaths
- 2.1 million unsafe abortions
"CUTTING FAMILY PLANNING WOULD BE AN INJUSTICE"

- Melvine Ouyo, Reproductive Health Nurse & Clinic Director, Family Health Operations of Kenya

TRUMP’S GLOBAL GAG RULE puts millions of lives at risk by forcing organizations to choose between desperately needed funding and providing their patients with comprehensive reproductive health services.

"My kid is sick. She might even die... You just have to go back to your house with a sick child... cause Trump has refused to assist us. What can we do? Or is he happy when people are dying? Is he happy?"

- Mary, 33, Single Mom of 5, the Kibera Slum in Nairobi, Kenya

"[This] is a very bad situation for girls and women like us. School drop out has been controlled through family planning. Mothers are controlling their births because of family planning. And if that will go away... it will be a big problem."

- Mercy, 19, Single Mom, the Kibera Slum in Nairobi, Kenya

WANT TO FIGHT BACK? JOIN THE RESISTANCE.

#Fight4HER Learn more at www.IWillFight4HER.org or text FIGHT to 52886 *msg and data rates may apply*